

ATTENTION & DEMOCRACY

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Three phases, three minutes each...

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- 1) Attend to a line of Whitman's poetry.
- 2) Close eyes and conjure a memory.

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Three phases, three minutes each...

- 1) Attend to a line of Whitman's poetry.
- 2) Close eyes and conjure a memory.
- 3) Address that memory-moment, attentively.

READY?

1. Attend to Whitman's text.

Hear his song.

And I will make a song for the ears
of the President, full of weapons
with menacing points,

And behind the weapons countless
dissatisfied faces:

—And a song make I, of the One
form'd out of all;

2. Recall a passing moment of political outrage.

(you doom scrolled past it,
without giving it the attention it
deserved...)

And I will make a song for the ears
of the President, full of weapons
with menacing points,

And behind the weapons countless
dissatisfied faces:

—And a song make I, of the One
form'd out of all;

3. Imagine an act
of joint attention
to this lost moment
that could make it
an act (or song) of
resistance and
unification.

And I will make a song for the ears
of the President, full of weapons
with menacing points,

And behind the weapons countless
dissatisfied faces:

—And a song make I, of the One
form'd out of all;

Take some notes...